



Experience the Arbors

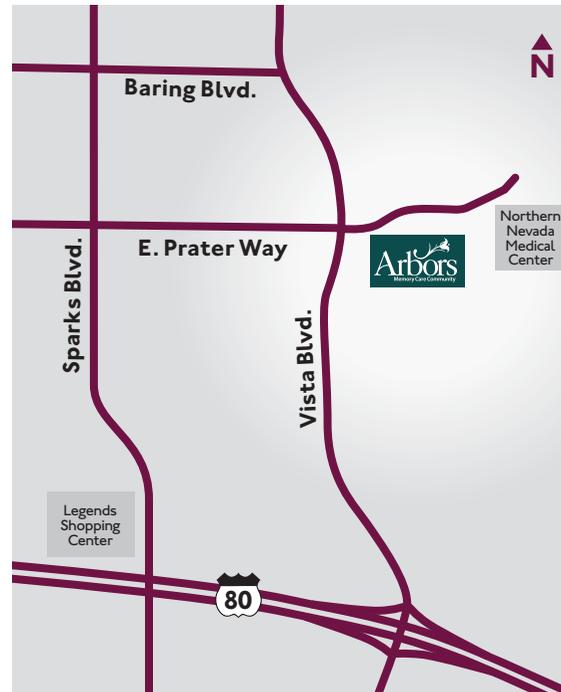
Stop by for a tour or better yet, come take part in one of our many daily activities. We welcome you and your loved one to come experience all the Arbors has to offer; come listen to a concert, join an art class, play a game of group trivia or get some exercise in one of our morning workouts. Family caregivers are invited to bring a book or computer and have a moment to relax while your loved one enjoys themselves in the activity. Family Night is the last Wednesday of every month and all families and guests are invited and encouraged to come by, have a meal and enjoy some live music and dancing with our residents. We also offer support groups for our families and members of the community are invited to participate. Give us a call, **775-331-2229** or email us, **info@arborsmemorycare.com**, to get the latest activity calendar or to RSVP for an event or activity.

Founding Family

With over 40 years of senior housing experience in northern Nevada, the Stutchman family has an exceptional reputation for quality and caring. Our family designed, built, owns and manages the daily operations of the Arbors. After visiting many facilities around the nation and analyzing how residents interacted with their environment, we developed the Arbors into a community that provides a unique setting where programs, services and the environment empower, guide and comfort our residents. One of the many benefits of being family-owned is the flexibility to create personalized programs and solutions for each and every resident. We firmly believe that individuality should last a lifetime.

Arbors Memory Care Community is conveniently located just 1.2 miles north of I-80 in Sparks. We're one block east of Vista Blvd. on East Prater Way, just down the hill from Northern Nevada Medical Center.

Stop by for a personalized tour or call us at **775-331-2229** for more information.



2121 East Prater Way, Sparks, NV 89434



www.arborsmemorycare.com



Leading the way
in Alzheimer's and
memory care in
northern Nevada





Comprehensive Wellness

At the Arbors, we believe healthy living involves both physical and emotional health.

Our staff is on hand 24 hours a day to support the complex behaviors associated with dementia, as well as to provide assistance with life's daily activities. We equip our staff with three times the training that is required by the state in order to provide the highest level of care to our residents. We focus on positive caregiver-resident relationships as we work with families, physicians and community resource managers to ensure



the needs of our residents are met and exceeded.

Our menu has been developed by a registered dietician and was created with an emphasis on great tasting, home-style meals. We provide housekeeping, medication management, laundry and linen services, a beauty salon and barbershop. The Arbors' lifestyle promotes health and happiness among our residents and provides an atmosphere where they feel comfortable and at home.

Thoughtful Design

Years of experience, planning and research went into the design and development of our building. Our gardens are filled with walking paths, gazebos, courtyards and flower beds for residents to enjoy, all enclosed by a rose and vine-lined wrought iron fence that provides security without the sense of confinement. Indoors, our building incorporates way-finding cues such as memory boxes at each residents' door. Large, inviting hallways encourage residents to walk and explore while always leading them back to the center of our residence. Our two large atriums offer ample natural light complete with plants and birds, perfect for those days when the weather outside turns extreme.



Endless Activities

Those with Alzheimer's and other dementias benefit greatly from activity and social interaction. At the Arbors, we provide a well-rounded, seven day a week, therapeutic activity program to nurture physical and mental well-being. Art programs, music and dancing, exercise classes and supervised off-site events are just a few of the many programs we offer that bolster independence and creativity.



In addition, we've developed the The Oak Park Program, a unique enrichment program for our most independent and active residents. This program provides stimulating activities, events and field trips specifically for residents who are early in their dementia diagnosis.

Short-term Stays

Many families care for their loved ones at home and we admire that. We also understand the demand this puts on a family. Our respite program provides short-term care in our community. Let us help you for a few days by providing your family member with a fun "vacation." Not only will your loved one have a detailed care plan in place, they will also enjoy all of our activities and programs in a safe, secure and welcoming environment.

Arbors Memory Care Community is dedicated to providing quality care for persons living with Alzheimer's and related dementias.

Our Unique Philosophy

While many senior communities offer memory care in their line-up of services, at the Arbors we focus entirely on residents with memory loss. Our dedication to those with Alzheimer's and other memory illnesses is evidenced by our continuous "A" grade from the State of Nevada's Health Division.

Our philosophy of care is based upon the principals of respect, patience, dignity and the encouragement of independence. Each resident has unique needs that must be understood and provided for. We truly understand the stress and demands that having a loved one with Alzheimer's can put on your life. We're here to help and be your partner in caring for your loved one.